



Asthma Policy

Poppleton Road Out of School Club welcome all children with asthma and are aware that many children suffer from this condition, as well as having different triggers, levels of support and treatment. We recognise that asthma is a very important condition but we also recognise that children with asthma enjoy playing with their friends and trying new activities. Therefore, we encourage and support children with asthma to participate fully in our activities, e. g. dance and sport.

We are aware that some children understand their asthma and what to do if they have an attack but also that some children may need support from an adult. During discussions with the children and parents, staff will determine how much support the child will need. Inhalers will then either be kept with the child, after gaining written permission from parents, or in the club's first aid cupboard which is accessible by all staff. Parents and staff will complete a health care plan for each child with asthma.

At the club we aim to maintain a favourable environment for children with asthma. This means we have a no smoking policy, including e-cigarettes, and we have no animals on site. If there is the likelihood of any animals visiting the club, a risk assessment will be carried out and parents will be informed.

If a child suffers an asthma attack whilst at the club, staff will follow the steps in the child's health care plan which will explain what to do if the child suffers an attack. Parents/carers will always be informed if their child is given asthma medication during a session and will be contacted immediately if the child has an attack.

The club will keep the following records in a health care plan:

- What asthma medication is taken
- How it is taken i.e. inhaler, spacer or nebuliser
- When it is taken e.g. before exercise, during an attack
- What triggers the child's asthma
- What to do if the asthma gets worse and when it becomes an emergency
- Who to contact in an emergency



The club's responsibilities relating to asthma are to:

- Ensure that any medication is labelled and has not passed its expiry date
- Ensure that a record is kept each time a child takes medication
- Ensure parents/carers are informed that the child has had an attack and what/if any medication has been taken
- Ensure inhalers are always taken on group trips/outings and with the child's group
- Ensure if the child will be using the basement during after school sessions the child's inhaler will be taken into the basement and then returned to the first aid cupboard when they return to the club
- Ensure each member of staff is confident to help the child with their medication and decide who will administer medication when/if the child requires it
- Ensure that all staff are adequately trained

This policy was adopted at a meeting of	Poppleton Road OOSC	
Held in:	February 2023	
To be reviewed in:	February 2024	
Signed on behalf of the setting:		
Name of Signatory:		
Role of Signatory:	Manager Manager	Deputy